

South Eastern Melbourne - NMHSPA Bilateral PHN Program

2022/23 - 2026/27

Activity Summary View



NAB-H2H - 1 - NAB-H2H1 - Adult Mental Health Centre and Satellite Network (Head to Health)



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-H2H

Activity Number *

1

Activity Title *

NAB-H2H1 - Adult Mental Health Centre and Satellite Network (Head to Health)

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

Work with Victorian Government to support the transition of services to the nearest Adult and Older Adult Local Mental Health and Wellbeing Centres.

Description of Activity *

- Provide additional mental health support and arrange referrals to more intensive mental health care or social supports as needed.
- Commission evidence-based clinical primary mental health care services in line with stepped care approach.
- Support GPs by providing funding to organisations to employ multidisciplinary teams of mental health workers.
- Ensure clinics provide culturally safe mental health services for vulnerable populations.

- Enhance availability of existing services to support referrals from practitioners engaged through the mental health clinics, to best meet the needs of people who present at the mental health clinics.
- Develop and deliver communication and engagement activities to support access to mental health services.
- To support the transition of services to the nearest Adult and Older Adult Local Mental Health and Wellbeing Centres.

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2022/23 – 2024/25 (2022)

Priorities

Priority	Page reference
Improve coordination/integration of psychosocial support services (MH)	162
Improve mental health services for people with severe and complex mental health needs (MH)	158
Increase support for consumers in need of low-intensity mental health services (MH)	157
Improve knowledge and capacity of service providers and consumers to engage with and navigate the service system Implement the regional plan for mental health and suicide prevention (MH)	159



Activity Demographics

Target Population Cohort

Adults.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Cardinia	21201
Frankston	21401
Casey - North	21202
Casey - South	21203



Activity Consultation and Collaboration

Consultation

N/A

Collaboration

N/A



Activity Milestone Details/Duration

Activity Start Date

24/11/2022

Activity End Date

29/06/2024

Service Delivery Start Date

25 November 2022

Service Delivery End Date

30 June 2024

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

Yes

Decommissioning details?

Frankston site to be decommissioned by 30 June 2023, however Berwick and Officer TBC.

Co-design or co-commissioning comments



NAB-H2H-Op - 1 - NAB-H2H-Op1 - Adult Mental Health Centre and Satellite Network (Head to Health)



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-H2H-Op

Activity Number *

1

Activity Title *

NAB-H2H-Op1 - Adult Mental Health Centre and Satellite Network (Head to Health)

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area ***Other Program Key Priority Area Description****Aim of Activity *****Description of Activity *****Needs Assessment Priorities *****Needs Assessment****Priorities**



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



NAB-PRCG - 1 - NAB-PRCG1 - PHN Regional Commissioning and Governance



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-PRCG

Activity Number *

1

Activity Title *

NAB-PRCG1 - PHN Regional Commissioning and Governance

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 8: Regional mental health and suicide prevention plan

Other Program Key Priority Area Description**Aim of Activity ***

- Continue to maintain and build momentum in joint regional planning and commissioning activities as specified in the Primary Mental Health Care (PMHC) Schedule.
- Work with other commissioning bodies and stakeholders to develop and/or strengthen, and implement, a joint regional mental health and suicide prevention plan which will be:
 - o informed by the new national guidelines on joint regional planning and commissioning committed through the National Agreement to be developed by the Commonwealth and state/territory governments by mid-2023, and
 - o address other requirements outlined in the National Agreement and Bilateral Schedule.
- Participate in regional commissioning and governance arrangements for initiatives under the bilateral schedule in line with the regional planning and commissioning framework.

Description of Activity *

- Work towards integrated and aligned approach to plan and commission providing timely data and other information.
- Support the development, implementation and monitoring of a mental health and wellbeing and capital plan, which will:
 - o respond to priorities outlined in the inaugural state-wide mental health and wellbeing service and capital plan;

o be informed by the new national guidelines on joint regional planning and commissioning committed under the National Agreement;
o consider opportunities for data sharing and identifying opportunities for system design responses to integration between Commonwealth and state-funded services; and
o address other requirements outlined in the National Agreement and Victorian bilateral schedule.

- Participate in regional commissioning and governance arrangement under the Victorian Bilateral Agreement, including participation in communities of practice, working groups and/or other relevant governance mechanism.
- Work with the Commonwealth and Victorian governments and Interim Regional Boards (where relevant) to consider and use opportunities to trial a co-commissioning approach designed to improve the integration between Commonwealth and state-funded services that builds on joined up planning approaches.
- Collaborate on joint capability building activities such as workforce training, secondary consultation, and communities of practice.
- Develop agreed referral pathways and shared care protocols.

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2022/23 – 2024/25 (2022)

Priorities

Priority	Page reference
Implement the regional plan for mental health and suicide prevention (MH)	160
Improve knowledge and capacity of service providers and consumers to engage with and navigate the service system Implement the regional plan for mental health and suicide prevention (MH)	159



Activity Demographics

Target Population Cohort

All.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Regional PHNs and other external Bodies.

Collaboration

Regional PHNs and other external Bodies.



Activity Milestone Details/Duration

Activity Start Date

24/11/2022

Activity End Date

29/06/2026

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments





NAB-HE - 1 - headspace Enhancement funding Bentleigh/Elsternwick



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

1

Activity Title *

headspace Enhancement funding Bentleigh/Elsternwick

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Reduce wait times, improve the transition between services and ensure young people can access an appropriate level of support by expanding and enhancing headspace services in the SEMPHN catchment area.

Description of Activity *

SEMPHN manages funding for eight headspace centres including Elsternwick/Bentleigh, Frankston, Rosebud, Pakenham, Dandenong and Narre Warren across the SEMPHN catchment area. headspace delivers a mild to moderate approach to young people's mental health as well as physical, AOD, vocational and educational services. Each headspace location covers all LGAs in the SEMPHN catchment area allowing young people to attend the location which best meets their needs regardless of where they reside.

SEMPHN received additional funding in June 2023 for the enhancement of the catchment's headspace services. This is intended to provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness. It is also provided in recognition of the increasing complexity of young people presenting to headspace services, in addition to workforce and funding pressures that have constrained service capacity in recent years.

Each headspace service will use the additional funding to:

- undertake professional development and upskilling, including upskilling in culturally appropriate care

- supplement salaries for the existing multi-disciplinary workforce
- improve care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increase community engagement and awareness activities, particularly with priority populations.

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2022/23 – 2024/25 (2022)

Priorities

Priority	Page reference
Improve pathways for young people navigating the mental health system (MH)	163
Provide psychological therapies for priority populations and/or under-serviced groups in identified LGAs of high prevalence (e.g. Frankston) (MH)	158
Increase support for consumers in need of low-intensity mental health services (MH)	157
Improve accessibility of services after-hours (PH)	154



Activity Demographics

Target Population Cohort

Young people aged 12-25.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Management of issues arising from the headspace enhancement funding will form part of SEMPHN's ongoing management of each headspace contract.

Each lead agency will continue to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will continue to hold monthly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will continue to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

SEMPHN will continue to work with the lead agencies and headspace National to ensure fidelity to the model and that quality improvement activities are undertaken.

The PHN will attend consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, with input from the Clinical Advisory Group, will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.

Collaboration

- Access Health Community - Lead Agency
- EACH - Lead Agency
- YSAS - Lead Agency
- Alfred Health - Lead Agency and LHN
- Monash Health - LHN
- Peninsula Health - LHN
- Consortium partners - broad range of community health care organisations who provide (in-kind) support and referral. Representation from young people and families provide their lived experience expertise
- Be You (including former headspace school support) - provide mental health, suicide prevention and postvention and recovery support services
- General Practice - assessment and referral - care coordination
- headspace National Office - model fidelity and procurement guidance and advice, and data support services



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

September 2023

Service Delivery End Date

30 June 2026

Other Relevant Milestones

Annual hMIF review process with all Centres.

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There is no decommissioning in this Activity Work Plan. All of our programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments

Each lead agency will continue to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will continue to hold quarterly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will continue to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

The PHN will attend consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, with input from the Clinical Advisory Group, will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.



NAB-HE - 2 - headspace Enhancement funding Dandenong



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

headspace Enhancement funding Dandenong

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Reduce wait times, improve the transition between services and ensure young people can access an appropriate level of support by expanding and enhancing headspace services in the SEMPLHN catchment area.

Description of Activity *

SEMPHN manages funding for eight headspace centres including Elsternwick/Bentleigh, Frankston, Rosebud, Pakenham, Dandenong and Narre Warren across the SEMPLHN catchment area. headspace delivers a mild to moderate approach to young people's mental health as well as physical, AOD, vocational and educational services. Each headspace location covers all LGAs in the SEMPLHN catchment area allowing young people to attend the location which best meets their needs regardless of where they reside.

SEMPHN received additional funding in June 2023 for the enhancement of the catchment's headspace services. This is intended to provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness. It is also provided in recognition of the increasing complexity of young people presenting to headspace services, in addition to workforce and funding pressures that have constrained service capacity in recent years.

Each headspace service will use the additional funding to:

- undertake professional development and upskilling, including upskilling in culturally appropriate care

- supplement salaries for the existing multi-disciplinary workforce
- improve care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increase community engagement and awareness activities, particularly with priority populations.

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2022/23 – 2024/25 (2022)

Priorities

Priority	Page reference
Improve pathways for young people navigating the mental health system (MH)	163
Provide psychological therapies for priority populations and/or under-serviced groups in identified LGAs of high prevalence (e.g. Frankston) (MH)	158
Increase support for consumers in need of low-intensity mental health services (MH)	157
Improve accessibility of services after-hours (PH)	154



Activity Demographics

Target Population Cohort

Young people aged 12-25.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Management of issues arising from the headspace enhancement funding will form part of SEMPHN's ongoing management of each headspace contract.

Each lead agency will continue to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will continue to hold monthly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will continue to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

SEMPHN will continue to work with the lead agencies and headspace National to ensure fidelity to the model and that quality improvement activities are undertaken.

The PHN will attend consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, with input from the Clinical Advisory Group, will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.

Collaboration

- Access Health Community - Lead Agency
- EACH - Lead Agency
- YSAS - Lead Agency
- Alfred Health - Lead Agency and LHN
- Monash Health - LHN
- Peninsula Health - LHN
- Consortium partners - broad range of community health care organisations who provide (in-kind) support and referral. Representation from young people and families provide their lived experience expertise
- Be You (including former headspace school support) - provide mental health, suicide prevention and postvention and recovery support services
- General Practice - assessment and referral - care coordination
- headspace National Office - model fidelity and procurement guidance and advice, and data support services



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

September 2023

Service Delivery End Date

30 June 2026

Other Relevant Milestones

Annual hMIF review process with all Centres.

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There is no decommissioning in this Activity Work Plan. All of our programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments

Each lead agency will continue to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will continue to hold quarterly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will continue to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

The PHN will attend consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, with input from the Clinical Advisory Group, will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.



NAB-HE - 3 - headspace Enhancement funding Frankston



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

3

Activity Title *

headspace Enhancement funding Frankston

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Reduce wait times, improve the transition between services and ensure young people can access an appropriate level of support by expanding and enhancing headspace services in the SEMPLHN catchment area.

Description of Activity *

SEMPHN manages funding for eight headspace centres including Elsternwick/Bentleigh, Frankston, Rosebud, Pakenham, Dandenong and Narre Warren across the SEMPLHN catchment area. headspace delivers a mild to moderate approach to young people's mental health as well as physical, AOD, vocational and educational services. Each headspace location covers all LGAs in the SEMPLHN catchment area allowing young people to attend the location which best meets their needs regardless of where they reside.

SEMPHN received additional funding in June 2023 for the enhancement of the catchment's headspace services. This is intended to provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness. It is also provided in recognition of the increasing complexity of young people presenting to headspace services, in addition to workforce and funding pressures that have constrained service capacity in recent years.

Each headspace service will use the additional funding to:

- undertake professional development and upskilling, including upskilling in culturally appropriate care

- supplement salaries for the existing multi-disciplinary workforce
- improve care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increase community engagement and awareness activities, particularly with priority populations.

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2022/23 – 2024/25 (2022)

Priorities

Priority	Page reference
Improve pathways for young people navigating the mental health system (MH)	163
Provide psychological therapies for priority populations and/or under-serviced groups in identified LGAs of high prevalence (e.g. Frankston) (MH)	158
Increase support for consumers in need of low-intensity mental health services (MH)	157
Improve accessibility of services after-hours (PH)	154



Activity Demographics

Target Population Cohort

Young people aged 12-25.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Management of issues arising from the headspace enhancement funding will form part of SEMPHN's ongoing management of each headspace contract.

Each lead agency will continue to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will continue to hold monthly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will continue to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

SEMPHN will continue to work with the lead agencies and headspace National to ensure fidelity to the model and that quality improvement activities are undertaken.

The PHN will attend consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, with input from the Clinical Advisory Group, will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.

Collaboration

- Access Health Community - Lead Agency
- EACH - Lead Agency
- YSAS - Lead Agency
- Alfred Health - Lead Agency and LHN
- Monash Health - LHN
- Peninsula Health - LHN
- Consortium partners - broad range of community health care organisations who provide (in-kind) support and referral. Representation from young people and families provide their lived experience expertise
- Be You (including former headspace school support) - provide mental health, suicide prevention and postvention and recovery support services
- General Practice - assessment and referral - care coordination
- headspace National Office - model fidelity and procurement guidance and advice, and data support services



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

September 2023

Service Delivery End Date

30 June 2026

Other Relevant Milestones

Annual hMIF review process with all Centres.

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There is no decommissioning in this Activity Work Plan. All of our programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments

Each lead agency will continue to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will continue to hold quarterly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will continue to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

The PHN will attend consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, with input from the Clinical Advisory Group, will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.



NAB-HE - 4 - headspace Enhancement funding Rosebud



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

4

Activity Title *

headspace Enhancement funding Rosebud

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Reduce wait times, improve the transition between services and ensure young people can access an appropriate level of support by expanding and enhancing headspace services in the SEMPHN catchment area.

Description of Activity *

SEMPHN manages funding for eight headspace centres including Elsternwick/Bentleigh, Frankston, Rosebud, Pakenham, Dandenong and Narre Warren across the SEMPHN catchment area. headspace delivers a mild to moderate approach to young people's mental health as well as physical, AOD, vocational and educational services. Each headspace location covers all LGAs in the SEMPHN catchment area allowing young people to attend the location which best meets their needs regardless of where they reside.

SEMPHN received additional funding in June 2023 for the enhancement of the catchment's headspace services. This is intended to provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness. It is also provided in recognition of the increasing complexity of young people presenting to headspace services, in addition to workforce and funding pressures that have constrained service capacity in recent years.

Each headspace service will use the additional funding to:

- undertake professional development and upskilling, including upskilling in culturally appropriate care

- supplement salaries for the existing multi-disciplinary workforce
- improve care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increase community engagement and awareness activities, particularly with priority populations.

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2022/23 – 2024/25 (2022)

Priorities

Priority	Page reference
Improve pathways for young people navigating the mental health system (MH)	163
Provide psychological therapies for priority populations and/or under-serviced groups in identified LGAs of high prevalence (e.g. Frankston) (MH)	158
Increase support for consumers in need of low-intensity mental health services (MH)	157
Improve accessibility of services after-hours (PH)	154



Activity Demographics

Target Population Cohort

Young people aged 12-25.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Management of issues arising from the headspace enhancement funding will form part of SEMPHN's ongoing management of each headspace contract.

Each lead agency will continue to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will continue to hold monthly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will continue to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

SEMPHN will continue to work with the lead agencies and headspace National to ensure fidelity to the model and that quality improvement activities are undertaken.

The PHN will attend consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, with input from the Clinical Advisory Group, will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.

Collaboration

- Access Health Community - Lead Agency
- EACH - Lead Agency
- YSAS - Lead Agency
- Alfred Health - Lead Agency and LHN
- Monash Health - LHN
- Peninsula Health - LHN
- Consortium partners - broad range of community health care organisations who provide (in-kind) support and referral. Representation from young people and families provide their lived experience expertise
- Be You (including former headspace school support) - provide mental health, suicide prevention and postvention and recovery support services
- General Practice - assessment and referral - care coordination
- headspace National Office - model fidelity and procurement guidance and advice, and data support services



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

September 2023

Service Delivery End Date

30 June 2026

Other Relevant Milestones

Annual hMIF review process with all Centres.

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There is no decommissioning in this Activity Work Plan. All of our programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments

Each lead agency will continue to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will continue to hold quarterly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will continue to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

The PHN will attend consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, with input from the Clinical Advisory Group, will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.



NAB-HE - 5 - headspace Enhancement funding Narre Warren



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

5

Activity Title *

headspace Enhancement funding Narre Warren

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Reduce wait times, improve the transition between services and ensure young people can access an appropriate level of support by expanding and enhancing headspace services in the SEMPHN catchment area.

Description of Activity *

SEMPHN manages funding for eight headspace centres including Elsternwick/Bentleigh, Frankston, Rosebud, Pakenham, Dandenong and Narre Warren across the SEMPHN catchment area. headspace delivers a mild to moderate approach to young people's mental health as well as physical, AOD, vocational and educational services. Each headspace location covers all LGAs in the SEMPHN catchment area allowing young people to attend the location which best meets their needs regardless of where they reside.

SEMPHN received additional funding in June 2023 for the enhancement of the catchment's headspace services. This is intended to provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness. It is also provided in recognition of the increasing complexity of young people presenting to headspace services, in addition to workforce and funding pressures that have constrained service capacity in recent years.

Each headspace service will use the additional funding to:

- undertake professional development and upskilling, including upskilling in culturally appropriate care

- supplement salaries for the existing multi-disciplinary workforce
- improve care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increase community engagement and awareness activities, particularly with priority populations.

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2022/23 – 2024/25 (2022)

Priorities

Priority	Page reference
Improve pathways for young people navigating the mental health system (MH)	163
Provide psychological therapies for priority populations and/or under-serviced groups in identified LGAs of high prevalence (e.g. Frankston) (MH)	158
Increase support for consumers in need of low-intensity mental health services (MH)	157
Improve accessibility of services after-hours (PH)	154



Activity Demographics

Target Population Cohort

Young people aged 12-25.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Management of issues arising from the headspace enhancement funding will form part of SEMPHN's ongoing management of each headspace contract.

Each lead agency will continue to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will continue to hold monthly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will continue to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

SEMPHN will continue to work with the lead agencies and headspace National to ensure fidelity to the model and that quality improvement activities are undertaken.

The PHN will attend consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, with input from the Clinical Advisory Group, will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.

Collaboration

- Access Health Community - Lead Agency
- EACH - Lead Agency
- YSAS - Lead Agency
- Alfred Health - Lead Agency and LHN
- Monash Health - LHN
- Peninsula Health - LHN
- Consortium partners - broad range of community health care organisations who provide (in-kind) support and referral. Representation from young people and families provide their lived experience expertise
- Be You (including former headspace school support) - provide mental health, suicide prevention and postvention and recovery support services
- General Practice - assessment and referral - care coordination
- headspace National Office - model fidelity and procurement guidance and advice, and data support services



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

September 2023

Service Delivery End Date

30 June 2026

Other Relevant Milestones

Annual hMIF review process with all Centres.

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There is no decommissioning in this Activity Work Plan. All of our programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments

Each lead agency will continue to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will continue to hold quarterly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will continue to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

The PHN will attend consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, with input from the Clinical Advisory Group, will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.



NAB-HE - 6 - headspace Enhancement funding Pakenham



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

6

Activity Title *

headspace Enhancement funding Pakenham

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Reduce wait times, improve the transition between services and ensure young people can access an appropriate level of support by expanding and enhancing headspace services in the SEMPHN catchment area.

Description of Activity *

SEMPHN manages funding for eight headspace centres including Elsternwick/Bentleigh, Frankston, Rosebud, Pakenham, Dandenong and Narre Warren across the SEMPHN catchment area. headspace delivers a mild to moderate approach to young people's mental health as well as physical, AOD, vocational and educational services. Each headspace location covers all LGAs in the SEMPHN catchment area allowing young people to attend the location which best meets their needs regardless of where they reside.

SEMPHN received additional funding in June 2023 for the enhancement of the catchment's headspace services. This is intended to provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness. It is also provided in recognition of the increasing complexity of young people presenting to headspace services, in addition to workforce and funding pressures that have constrained service capacity in recent years.

Each headspace service will use the additional funding to:

- undertake professional development and upskilling, including upskilling in culturally appropriate care

- supplement salaries for the existing multi-disciplinary workforce
- improve care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increase community engagement and awareness activities, particularly with priority populations.

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2022/23 – 2024/25 (2022)

Priorities

Priority	Page reference
Improve pathways for young people navigating the mental health system (MH)	163
Provide psychological therapies for priority populations and/or under-serviced groups in identified LGAs of high prevalence (e.g. Frankston) (MH)	158
Increase support for consumers in need of low-intensity mental health services (MH)	157
Improve accessibility of services after-hours (PH)	154



Activity Demographics

Target Population Cohort

Young people aged 12-25.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Management of issues arising from the headspace enhancement funding will form part of SEMPHN's ongoing management of each headspace contract.

Each lead agency will continue to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will continue to hold monthly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will continue to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

SEMPHN will continue to work with the lead agencies and headspace National to ensure fidelity to the model and that quality improvement activities are undertaken.

The PHN will attend consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, with input from the Clinical Advisory Group, will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.

Collaboration

- Access Health Community - Lead Agency
- EACH - Lead Agency
- YSAS - Lead Agency
- Alfred Health - Lead Agency and LHN
- Monash Health - LHN
- Peninsula Health - LHN
- Consortium partners - broad range of community health care organisations who provide (in-kind) support and referral. Representation from young people and families provide their lived experience expertise
- Be You (including former headspace school support) - provide mental health, suicide prevention and postvention and recovery support services
- General Practice - assessment and referral - care coordination
- headspace National Office - model fidelity and procurement guidance and advice, and data support services



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

September 2023

Service Delivery End Date

30 June 2026

Other Relevant Milestones

Annual hMIF review process with all Centres.

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There is no decommissioning in this Activity Work Plan. All of our programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments

Each lead agency will continue to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will continue to hold quarterly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will continue to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

The PHN will attend consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, with input from the Clinical Advisory Group, will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.



NAB-HE-Ops - 1 - headspace Enhancement Operational



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE-Ops

Activity Number *

1

Activity Title *

Headspace Enhancement Operational

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area ***Other Program Key Priority Area Description****Aim of Activity *****Description of Activity *****Needs Assessment Priorities *****Needs Assessment****Priorities**



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments